El Paso Sobering Center Visits HRC

Recently, El Paso Sobering Center in central El Paso, spent the day visiting the Houston Recovery Center's Sobering Center facility at 150 N. Chenevert Street. Like the Houston Recovery Center's Sobering Center, the El Paso facility works to provide critical option for law enforcement and first responders when they encounter individuals under the influence of drugs or alcohol as an alternative to jail.

The goal of the visit to Houston was to tour the HRC facility in hopes of learning more about how HRC's Sobering Center operates. The El Paso team hoped to learn what has made HRC successful, what have been the greatest challenges, how has HRC continues to meet these challenges, and what are HRC's plans to continue its success and growth for the future.

SOBERFEST 2025, Recover Out Loud!

Houston Recovery Center staffers attended this year's SOBERFEST 2025 event and provided an array of valuable information about HRC, its mission, the programs we provide, the realities of alcohol and substance use, and the realities of the long-term recovery journey.

SoberFest is an annual outdoor music festival where the community can recover out loud! SoberFest provides and opportunity to enjoy local artists and meet the amazing people in the recovery community.

SoberFest's mission is to provide fun, sober social events for those in the recovery and mental wellness communities, and to promote individual connections and long-term success.

Founded in 2022 by a collaboration of ten nonprofits involved in Houston's recovery space, the Party Sober Partnership is committed to ending the stigma and isolation that can accompany sobriety by providing safe, fun, family-friendly substance-free events as a way of bringing sober and sober-curious people together to foster a sense of community.

Recognizing Recovery Champions

Leonard Kincaid stopped by the Hamill Foundation earlier this month to present Tom Brown with his Houston Recovery Center award recognizing his support of HRC. Mr. Brown and the Hamill Foundation continue to be gracious supporters of HRC. The Hamill Foundation is dedicated to the betterment of the city its founders, Claud B. and Marie G. Hamill, loved so much. The Foundation, a private foundation that gives grants only to

501(c)(3) organizations in four broadly defined areas of educational, scientific, charitable, and religious activities, primarily in the Houston area.

Also, later in the month, Leonard and Dr. Shah presented the "Recovery Champion" award to Chief Mike Lee recognizing his long history of support for HRC and its programs.

HRC Attends the Harris HUB Event

April saw an event hosted by Harris Health -Promoting CHW for the Harris County Pathway HUB. HRC staff maned a booth at the event to promote HRC our Community Health Workers and the work done through the city's HUB program.

Harris County Pathways Community HUB is a **Level 1 Certified** HUB through Pathways Community HUB Institute® (PCHI®). Its primary objective is to connect high-risk Medicaid beneficiaries, Medicaid-eligible, and uninsured adults with essential services to address non-medical factors impacting their well-being.

The HUB uses an evidence-based, home-visitation, data-driven, pay-for-performance model of care coordination. The model leverages the expertise of certified Community Health Workers (CHWs) to provide long-term support, tailored education, and assistance in identifying and addressing risks.

Texas Bar Foundations Supports HRC

The Houston Recovery Center has received a grant from the Texas Bar Foundation (TBF). The TBF's charitable contributions provide funding to enhance programs that relate to assistance for the underserved. The Texas Bar Foundation will award more than $1,600,000 this bar year to nonprofit organizations conducting programs that fit the Foundation's mission. Since inception, more than $28 million in grants has been awarded to charitable organizations across Texas.

This grant will help the Houston Recovery Center continue to work toward access to recovery from substance use by providing compassionate care and understanding to individuals through early intervention and community care coordination.

"The HRC service model distinguishes us in the market," said Leonard. "We recognize that recovery is a journey of discovery for those with addiction and that long-term support provides the best opportunity for staying clean and sober."

HRC Continues its Growth with our Recent Hires

HRC continues to grow in 2025, expanding its mission serving those in Houston and the surrounding area that need recovery services. Joining HRC since March are: Erin Daugherty, Terry Senegal, Joseph DuBose, Brianne Tillis, Shemica Conkrite, Joseph Ferguson, Edric Wilson Jr., Michael Williams, Ramona Edwards, as well as the return of our own Susana Deltoro as COO. Welcome everyone to the HRC family!

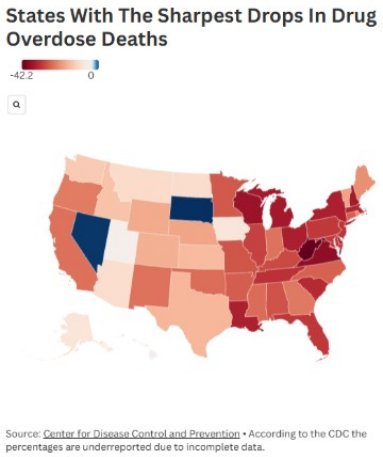
NEWS

CDC Reports, Drug Overdoses Decline 27% in 2024

The Houston Chronicle, May 15, 2025

There were 30,000 fewer U.S. drug overdose deaths in 2024 than in the year before – one of the largest one-year declines ever recorded. An estimated 80,000 people died from an overdose in 2024, down 27% from 110,000 in 2023. The CDC collecting comparable data for 45 years. The previous largest one-year drop was 4% in 2018.

Experts say several things could be driving the decline, including the availability of Naloxone and the expanding availability of addiction treatment.



Nearly 19 Million U.S. Children Live with a Parent With Substance Use Disorder

A staggering 19 million U.S. children were estimated to be living in a household with at least one parent battling a substance use disorder (SUD) in 2023, according to a new study based on data from the National Survey on Drug Use and Health. This figure accounts for nearly one-quarter of all children in the United States, highlighting the prevalence of parental substance abuse among young individuals. The findings also revealed that more than 6.1 million children lived with a parent facing both SUD and a mental illness, such as major depressive disorder or serious psychological distress.

Compared to their peers, these children are more likely to develop a range of adverse outcomes, including early substance use initiation, substance-related problems and mental health disorders. Experts emphasized that these findings are a call to action for federal, state and local governments to invest in family-centered interventions. These children are particularly vulnerable to adverse childhood experience, the researchers noted—and without support, they may continue the cycle of substance use and mental health struggles.

Read the entire story at: Nearly 19 Million Children Live With A Parent

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The mission of Houston Recovery Center is to provide compassionate care to underserved individuals affected by substance use through early intervention and community care coordination to help them achieve lifelong recovery.

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